

# Parent Guide:

## Academic Support

### ACADEMIC ADVISING ↗

The Office of Undergraduate Academic Advising (UAA) is here to support your student through their academic journey in the first two years. After two years, students are reassigned to a faculty advisor to assist with the academic to career connection. Our dedicated advisors connect students with helpful resources, services, and general information.



### ACADEMIC SUCCESS ↗

The Office of Academic Success and Enrichment (ASE) at New York Tech provides personalized support and works to enhance students' overall learning skills. The ASE offers various resources and services aimed at fostering academic excellence, increasing confidence in learning, and supporting overall student success.

#### REGISTRATION SUPPORT

Meeting with an advisor is a required step for your student to register for classes each semester. Advisors work closely with students to help them select the right courses, track their academic progress, and stay connected to the campus community, ensuring they are on the path to success.

#### ACADEMIC ALERTS AND PROGRESS REPORTS

Faculty members can notify a student's advisor if the student could benefit from additional support, such as tutoring services, skill-building workshops, or if they are not attending classes. This allows us to provide proactive assistance, ensuring your student receives the help they need to stay engaged and succeed.

#### ACADEMIC TUTORING AND SKILL BUILDING

The Learning Center (LC) offers free, convenient peer tutoring for a variety of undergraduate courses, available both in-person and online. Additionally, we provide academic skill-building workshops led by professional staff, covering topics such as time management.

#### PEER SUCCESS GUIDE (PSG) PROGRAM

This Program pairs your student with a Peer Success Guide (PSG) who provides social support, academic guidance, and connections to campus resources and events. PSGs are current New York Tech students, who aim to help ease the transition to college, ensuring your student feels supported and engaged in the New York Tech community.

# Parent Guide:

## FINANCIAL RESOURCES

### FINANCIAL AID ↗

The financial aid office can assist your student with their FAFSA (Free Application for Federal Student Aid), student loans, TAP (Tuition Assistance Program), grants, and scholarships. Financial aid can often be confusing for students and families. Our staff in the financial aid office is dedicated to making the process as easy as possible.

#### SCHOLARSHIPS, GRANTS, AND LOANS

Scholarships and grants are “gift awards” that students do not have to repay. Awards are based on economic need, merit, or other criteria. Loans are borrowed money that students must repay with interest. Federal loans usually have the best terms. Private loans, from banks and other financial institutions, may have variable interest rates and/or need a co-signer.

### BURSAR ↗

The Office of the Bursar manages your student's account, including tuition and other fees, processes refunds, and oversees the financial details of your student's college experience.



#### INSURANCE CHANGES

Students are automatically enrolled in an ACA-compliant health insurance plan provided by Aetna, ensuring comprehensive coverage during their time at New York Tech. Additionally, the Tuition Refund Plan through A.W.G. Dewar, Inc. provides optional insurance that covers 75 percent or 100 percent of tuition, fees, housing, and meal plans if a student withdraws for medical mental health reasons. Domestic students are eligible to waive Aetna Health Insurance whereas international students cannot waive Aetna health insurances. All students can opt out of A.W.G. Dewar Tuition Insurance prior to the first day of the term.

#### BILLING, PAYMENTS, AND REFUNDS

New York Institute of Technology utilizes electronic billing (e-bills) for all student accounts with a balance due, eliminating printed or mailed tuition bills. Payment support options include a tuition payment plan and resources for international students, alongside advice and services to help families manage college expenses effectively. Additionally, if an overpayment occurs on a bill, students can request a refund. Visit the Office of the Bursar's website for more information on receiving refunds.

### STUDENT EMPLOYMENT ↗

The Office of Student Employment at New York Tech connects students with paid on- and off-campus opportunities that support their academic journey, career readiness, and financial needs while fostering professional growth through practical experience. It also partners with employers and campus departments to create meaningful, skill-building work experiences.

# Parent Guide:

## STUDENT LIFE

### STUDENT LIFE ↗

Student Life at New York Tech provides students with opportunities to engage both socially and academically. The campus features various events, resources, and support systems to help students thrive. From wellness services to leadership opportunities, students have access to the tools they need for a well-rounded experience.

### CLUBS AND ORGANIZATIONS ↗

Encourage your student to get involved by joining clubs, fraternities or sororities, volunteering, or taking on leadership roles like student government. These opportunities help students build skills, make connections, and grow both personally and professionally. New York Tech provides a diverse range of student clubs and organizations that support career goals and community involvement. Students can explore all options through CampusGroups.

### CAREER SUCCESS AND EXPERIENTIAL EDUCATION (CSEE) ↗

Connect with CSEE early to gain two years of professional experience before graduation. CSEE helps you assess your skills, interests, and values to find the best career paths. Get support with résumés, cover letters, job and internship searches, interview prep, career research, and mentorship. Gain hands-on experience through internships, community projects, and fellowships. Meet recruiters at on-campus events, career fairs, and site visits. Attend workshops on industry trends and professional development. CSEE also supports civic engagement initiatives and runs New York Tech's professional clothing closet called Tech Threads, offering free professional attire to students when needed.



### ALUMNI RELATIONS ↗

Graduates join the more than 116,000-strong New York Tech Alumni Association, gaining access to networking events, career opportunities, and professional development. Professional associations also offer resources for networking and job exploration.



# Parent Guide:

## STUDENT WELLNESS

### COUNSELING AND WELLNESS ↗

If your student is experiencing increased anxiety, stress, depression or difficulty adjusting to student life, our Counseling Services Center is here to help. Our licensed mental health professionals provide free and confidential short-term counseling, offering practical strategies to foster social and academic success.

### ACCESSIBILITY SERVICES ↗

The Office of Accessibility Services actively supports students in the pursuit of their academic and career goals. All services pertaining to students with disabilities are coordinated by this office and are meant to foster a barrier-free academic environment.

### BEAR BYTES: HEALTHY EATING AND STUDENT SUPPORT PROGRAM

New York Institute of Technology's Bear Bytes initiative provides food and other health and wellness resources and information to students at our New York campuses. The program aims to reduce food insecurity and support academic success through holistic support.

#### GRIZZLY CUPBOARD

The Grizzly Cupboard is New York Institute of Technology's on-campus food pantry. It provides free, nutritious, and nonperishable food items to students in a welcoming, inclusive, and confidential setting—ensuring your student always has access to the support they need.



# Parent Guide:

## FAMILY ENGAGEMENT

### FAMILY SUPPORT

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We are excited to collaborate with you in supporting your child's academic journey. Our team provides guidance and resources while empowering students to develop self-autonomy. Family support plays a crucial role in offering students a strong foundation of encouragement. It's important to recognize that being a college student is a full-time job. Academic success requires significant time and effort, and students benefit from support in managing their commitments. Families can help by encouraging a balance that prioritizes education and avoids overextending with work and outside responsibilities. This section outlines ways families can actively participate in their student's education to foster success.



### FERPA

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The Family Educational Rights and Privacy Act (FERPA) protects student education records, and families need the student's consent to access them. Students can grant parents access by completing the FERPA Student Release Form in the Student Service Hub. While students may waive their FERPA rights, it's encouraged that students reach out directly for support. This promotes open communication while respecting privacy guidelines.

### SELF AUTONOMY

Self-autonomy is the ability to make decisions that align with one's interests and values, allowing students to manage their studies, social life, and well-being. Developing this autonomy will help your student perform better academically and maintain psychological well-being. Students with self-autonomy tend to feel more energized, creative, and in control of their time—qualities essential for success in college and beyond.

### HOW TO ENCOURAGE SELF AUTONOMY

To encourage self-autonomy, offer guidance without micromanaging, allowing your student to make their own decisions and learn from experience. Provide a safety net by offering support while fostering independence. Keep communication open, listening to their concerns and offering advice when needed. Celebrate progress, no matter how small, to build confidence and inspire further growth. This balance of support and independence helps students thrive both academically and personally. One of the best ways to gain this skill is for students to conduct their own outreach should they need support from faculty, staff, or other members of the New York Tech Community.

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## FAMILY ENGAGEMENT

Being a college student can be challenging, and a simple check-in from a supportive family member can have a positive impact on their experience. Regular encouragement and open communication help students feel supported as they navigate the ups and downs of college life.

### CONVERSATION STARTERS

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How are your classes going so far? Are they manageable or challenging?

Have you met with any of your professors or looked for any academic support services such as tutoring?

How are you managing your time? Are you using a calendar or planner?

Have you joined any clubs or extracurricular activities?

How are you balancing your social life with your academic responsibilities?

Are you setting any specific goals for this semester or beyond?

How can we best support you?

### SUGGESTIONS

Ensure you are actively listening to students' responses to offer solutions where necessary.

Remember to be patient and understanding, especially during times of transition or stress.

Follow up!

### RECOMMENDED READING

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*You're on Your Own (But I am Here If You Need Me)*

Mentoring your child during the college years.

By: Majorie Savage

With anecdotes and suggestions from experienced parents and college staff nationwide, this book is full of strategies and tips that will help parents create a supportive partnership responsive to both their kids' needs and their own.