

College of Osteopathic Medicine

Our mission at the Office of Student Life and SGA is to promote the highest academic, professional, and ethical standards in the study and practice of osteopathic medicine. Provide an effective means of communication and representation for the student body to the NYIT College of Osteopathic Medicine administration, faculty, and staff on all issues involving the curriculum, co-curricular programs and services, policies and procedures, quality of life, and the daily operation of the college. Provide representation of the student body to the American Osteopathic Association (AOA), the American Association of Colleges of Osteopathic Medicine (AACOM), the Council of Osteopathic Student Government Presidents (COSGP), and the entire osteopathic profession. Promote the organizational objectives and uphold the ethical standards of the American Osteopathic Association (AOA), the American Association of Colleges of Osteopathic Medicine (AACOM), the Council of Osteopathic Student Government Presidents (COSGP) and the New York Institute of Technology (NYIT) College of Osteopathic Medicine. Promote student involvement and participation in academic, professional, and co-curricular activities that enhance quality of life and benefit the college community and the osteopathic profession.

NYIT College of Osteopathic Medicine Student Organizations

ACOEP – Emergency Physicians ACOFP – Family Physicians

ACONP – Neurology and Psychiatry ACOOG - OB/GYN

ACOP – Pediatrics AIMBS-- Artificial Intelligence in Medicine and Biomedical Sciences

AMOPS - Military Physicians AWS- Association of Women Surgeons

AWMA – Women Physicians AMSA – Medical Students

AMA -MSS Medical Students APAMSA – Asian Pacific American Medical Students

APSA – Research AOCOPM - Occupation & Preventive Medicine

AOCPMR – Physical Medicine and Rehab AOASM – Sports Medicine

AOCOO-HNS-Eye & ENT AOCA – Anesthesiology

AOCR – Radiology Be The Match

BMO- Business and Medicine Organization CMSF- Christian Medical Student Fellowship

CMNO- Culinary Medicine DIGA- Dermatology

DRPG – Disaster Relief Partnership Group MSPA- Medical Student Pride Alliance (Formerly LGBT)

GHO – Global Health Organization LMSA – Latino Medical Students

MSA – Muslim Students Maimonides Society

MSFC- Medical Students for Choice PHR –Physicians for Human Rights

SAAO – Osteopathy SAOAO – Orthopedics

SCO- Cardiology SIGN-Neurology

SNMA – Medical Students SOHO – Hematology/Oncology

SOSA – Surgery SOIMA – Internal Medicine

SOMA – Medical Student WC4BL- White Coats 4 Black Lives

VIRIG- Vascular and Interventional Radiology Group

Interest groups for 2022-2023 - FirstGenMed Interest Group - ShaHP-SAMSA Wellness and the Arts programs:

*ARTery -medical drawing *Note-A-Cords - singing *Pacemakers - dance *Intramural Sports *Wellness Organization - peace of mind, body and soul *weight training

*These are part of Wellness and additional programs from the Office of Student Life

SGA TOUCH and MED Programs

In Partnership with the COSGP

TOUCH, Translating Osteopathic Understanding into Community Health, is a national initiative of the Council of Osteopathic Student Government Presidents (COSGP). The goal of the program is to encourage and recognize osteopathic medical students to work towards improving the health of their local community through service. The program recognizes these efforts both locally and nationally. Creating a solid foundation of standards in which to acknowledge students is an essential part of substantiating their commitments. In accordance with the osteopathic philosophy of "treating the whole patient," service goes beyond mere health promotion and can include a wide array of involvement that has a strong positive impact on people's lives.

The TOUCH program encourages all osteopathic medical students to become more involved in community service. In this program, students are recognized for their spent in the community. The revised documentation and information to implement this program on your campus can be found through the NYIT College of Osteopathic Medicine SGA.

The Mental Empowerment Directive (MED)

In 2015, the Council of Osteopathic Student Government Presidents (COSGP) conducted a groundbreaking survey assessing the mental health of osteopathic medical students. After gathering over 10,000 responses and national attention, the mental health awareness task force was created with the goal of raising awareness and advocating for the mental wellness of all osteopathic medical students. In 2019, the mental health awareness task force grew into what we know today as the Mental Empowerment Directive (MED). Led by COSGP, the MED hopes to bring consistency by combining the efforts of COSGP, SOMA, SGA, and individual campus wellness programs to raise awareness and initiate a culture shift towards acceptance of mental wellness in medicine. Members of the COSGP Wellness Committee work closely with liaisons from each COM based on geographical location and meet monthly or bi-monthly to discuss the promotion of wellness initiatives. These national initiatives change on a year-to-year basis, however some of the previous examples include: suicide awareness, virtual 5k, mindfulness, sexual assault awareness, and wellness through online learning. Future initiatives for the 20-21 school year include overcoming imposter syndrome, gratitude, holiday cards, nutrition, and building resilience. The work of the Mental Empowerment Directive has been recognized by AACOM as a proactive approach to reduce the stigma of mental health challenges for physicians.

Some of the Community Service Projects

Adopt-A-Class sessions with PS 59 the Community School of Technology

We have been doing a mentor volunteer program with all the 5^{th} grade classes in the most underserved area in NYC. We go in 5-6 times a year for full morning sessions to work with about 165 students.

- Backpacks and school supplies
- Stress, Sleep and Nutrition,
- Anti- bullying training
- Careers in Health professions
- Personal hygiene

Boys and Girls Club Volunteer programming

Working with SGA at the Boys and Girls Club of Glen Cove to run 5-8 programs/workshops during the school year:

Health and nutrition, Doc for the day, Safety program, Holiday party and Personal hygiene

Area Health Education Center (AHEC) Summer program

The mission of the New York State Area Health Education Center (AHEC) System is to enhance the quality of and access to health care, improve health care outcomes and address health workforce needs of medically underserved communities and populations by establishing partnerships between the institutions that train health professionals and the communities that need them most.

Purpose:

The purpose of this non-paid internship is to provide early exposure to diverse community-based health care settings. The experiences will be "health-systems" oriented versus direct clinical activities (which students will acquire during formal 3rd & 4th year clerkships). Students will learn to serve as "community" health practitioners.

Housing

The Office of Student Life maintains a housing list with a range of \$900-1200 per person for shared housing to \$1400-1900 for single housing. A link will be sent to you after you have been accepted and paid your deposit. If you are looking for a roommate, we suggest that you join the class Facebook account. We do not recommend the NYIT dorms. You can also contact a local realtor for additional housing options.