

B.S. Health Science & Wellness Program Learning Outcomes

1. Describe how the social, cultural, economic, political, and biological environments affect personal & community health.
2. Describe the U.S. health profile, including key indicators, determinants, disparities, access to health services, historical and contemporary trends and implications
3. Identify/utilize culturally competent strategies and practices that respect the cultural, social, religious, racial, and ethnic diversity of the patient and family regarding health and disease.
4. Identify lifestyle changes and strategies that best optimize health.
5. Formulate plans for maximizing wellness and prevention of chronic disease.
6. Use an array of technologies that support the process of inquiry and its outcomes, communication, information management and client health promotion.
7. Compose written and oral presentations regarding health for lay and professional audiences.